

## **CWSC's Frequently Asked Questions**

### **I recently tried out and made the team, now what?**

- Congrats and welcome to the team! Enjoy a free week on us "trying out" the team before registering to see what it's all about and to ensure correct level placement.
- Step #1 is to create an account with CWSC on the team website- select the assigned swim group and follow the prompts. Coach or a Board Member will help get you started. Step #2 is to create an account with USA Swimming (USAS) that the Coach will assist with.
- We encourage you to read the Club Handbook via the club website prior to registering as it contains important topics (billing/fees, fundraising, volunteer requirements, etc) and official registration for the current year will stand as agreement to the policies and conditions set forth.

### **Do I have to wear a specific suit?**

- During practices, competition suit choice is left up to the swimmer (style, color, pattern) with an optional, but recommended, swim cap.
- For all Intra-squad, Regional, State, and National Meets, a solid black competition suit is desired, but not required with a green team swim cap.
- See the team website for a link to the SwimOutlet.com, which also features our team store.

### **What gear/equipment do I need?**

- CWSC tries to provide as much equipment as possible to help our swimmers succeed. Equipment provided include: kickboard, pull buoy, hand paddles, and fins. Equipment *required* for all swimmers include: goggles, a water bottle, & towels. Age Group 2 and Seniors level groups will benefit from snorkels.
- Some swimmers prefer having all of their own equipment and that is acceptable. Mesh bags are helpful to carry equipment.

### **Is travel to meets off island required?**

- No. Travel to meets off island is not required as travel expenses are the responsibility of each family. While we do encourage participation in meets because they are a fun and rewarding part of the sport of swim, we know travel expenses can quickly add up. The club hosts monthly Intrasquad Meets to help swimmers earn times needed for participation at certain other meets.

### **What are the mobile swim apps that I keep hearing about?**

- Meet Mobile app: Provides access to heat sheets and real-time meet results from all over the world. Downloading is free, but in-app purchasing allows you to receive swimmer and club results at all meets.
- SportsEngine Motion (OnDeck): Free and connected to your Team Unify account with CWSC, this app provides easy access to all club related functions without having to sign in on the actual website: member account, activity feed, meet declarations, volunteer signups, billing, and more.

#### **Do I need to re-register with CWSC each year?**

- Yes. We are a year-round swim club, but annual CWSC registration is required for all returning swimmers at the beginning of the regular season (end of Aug/beginning of Sept). Registration covers the regular season and the summer session.

#### **Does my USA Swimming (USAS) registration expire?**

- Yes. For all returning swimmers, USAS registration will need to be kept current (renewed) once a year prior to expiration in order to compete in Intrasquad and other Meets. USAS member registrations are valid until December 31 of each calendar year.

#### **What if my child participates in other sports and activities?**

- We have quite a few athletes on the team that participate in other sports and activities! We ask that you let the Coach know in advance if your swimmer will not be present at practices. However, if your swimmer plans to "take a break" (suspend) from swim for the duration of another sport, please let the Coach and Treasurer know so your account status can be updated. Please give at least a week's notice prior to the beginning of each month to prevent being billed for month's not swimming. In general, keep in mind that swim performance and progress is a direct reflection of attendance level.

#### **Why are there required parent/volunteer hours?**

- We are a parent run organization. Parents are not only the key to making the swim experience positive for swimmers, but also essential to making Time Trials and Meets possible and successful for our swimmers.
- There are LOTS of opportunities to help out. We need YOU!!

#### **How do I earn volunteer hours?**

- For each Event, volunteer signups are available online under said event. Depending on the activity, it is possible to sign up for multiple positions (i.e. Event set-up, Event take-down, timer, runner, meet official). If you have a relative or friend who would like to volunteer on your behalf, they can be signed up!

#### **Is fundraising required?**

- Fundraising allows our club to maintain and add extras, which would not be possible without fundraising efforts. Fundraising is not required, but without it, the cost of monthly dues will have to increase to cover operational costs.

**Is it possible to temporarily suspend our account?**

- Yes. If possible, please let our Membership Coordinator and/or Treasurer know before the first of each month as not to incur charges.

**My child is a CHS Swim and Dive team member, do I need to register him/her with CWSC at the beginning of the season, even if they will not swim with CWSC until after the CHS swim season is complete?**

- We highly encourage our dual CHS and CWSC swimmers to register at the beginning of the season under the special "Senior High School" group. Normal monthly billing will not go into effect for this group until November when the CWSC swim season is complete. Registering in advance of their participation with CWSC, will enable times earned during the high school season to count within their club swim (CWSC/ USAS).

**My child is/was part of the CHS Swim and Dive team, are they able to join CWSC, even if they never have been part of the club before?**

- Absolutely! We would love to have your CHS Swim and Dive member join CWSC. If interested before then, please contact our Coach and they will direct you through the registration process.

**I have a problem and/or concern that I would like to discuss, who should I go to?**

- We ask that you present any problems and/or concerns (about anything!) to the Head Coach FIRST. The easiest method of communication is through email (craigwaverunners@gmail.com), but if preferred, scheduling a time to meet in person or over the phone is not a problem. Coach is available at the pool, but only AFTER 5:30PM practices. Please do not interrupt swim practices to talk to the Coach as it takes valuable time away from the swimmers. If s/he is unable to assist or provide the necessary information after practices are over, s/he will direct you to the proper Board Member (Membership, Treasurer, Ways and Means, President, etc.) for further assistance.